

# Safeguarding Newsletter

Autumn Term - Issue 1

Latest Advice for Parents and Carers

Welcome to the first newsletter from the Torquay Girls' Grammar School's Safeguarding Team. At TGGs, safeguarding and promoting the welfare of children is **everyone's responsibility** and our top priority. Anyone who comes in to contact with children and their families has a role to play.

As part of that, we are going to send out a new regular safeguarding newsletter informing you of any recent safeguarding news as well as providing you with key details around a range of safeguarding issues.

The Safeguarding Team at TGGs are:

Miss Sophie Bucklar - Designated Safeguarding Lead [sbucklar@tggsacademy.org](mailto:sbucklar@tggsacademy.org)

Mrs Sally Fox - Deputy Designated Safeguarding Lead [sfox@tggsacademy.org](mailto:sfox@tggsacademy.org)

Mrs Debra Nixon - Deputy Designated Safeguarding Lead [dnixon@tggsacademy.org](mailto:dnixon@tggsacademy.org)

## What is a Designated Safeguarding Lead?

Governing bodies should ensure that the school or college designates an appropriate senior member of staff to take lead responsibility for child protection. Key aspects of the 'Designated Safeguarding Lead' role include:

- Making sure all staff are aware how to raise safeguarding concerns.
- Ensuring all staff understand the symptoms of child abuse and neglect.
- Referring any concerns to social care.
- Monitoring children who are the subject of child protection plans.
- Maintaining accurate and secure child protection records.
- Raising awareness of the school's safeguarding policies and procedures, and ensuring they are implemented and reviewed regularly.

Our Designated Safeguarding Leads are: **Miss Bucklar, Mrs Fox and Mrs Nixon.**

Our Safeguarding Governor is James Stock, who can be contacted via email [jstock@tggsacademy.org](mailto:jstock@tggsacademy.org)

A copy of our school's Child Protection and Safeguarding 2021 Policy can be found on the school website or via this [link](#).

### **Social Media: Your Guide to the Latest Updates**

From Instagram to TikTok, YouTube to Google, many of the online platforms we use every day have released plans to improve the safety of users under 18. These changes improve the safety of children and young people online? Analysts from Ineqe Safeguarding Group have reviewed the latest changes announced by Instagram, TikTok, YouTube, and Google to provide you with this [guide](#) to the latest updates.

### **Slang, Emoji Slang and Text Slang**

The Safeguarding Alliance are sharing 3 posters developed by their Young Safeguarding Ambassadors as a trilogy on the 'voice of the child'. The 3 posters have the titles: Slang, Emoji Slang and Text Slang.

These posters incorporate language that young people are using on social media; however, just as adults start to understand this language, young people adapt and change the language they use.

# SLANG

UPDATED  
OCTOBER  
2021

## DO YOU KNOW WHAT IT MEANS

GENERAL	INCEL
<p><b>Peak/Noob:</b> Bad</p> <p><b>Cuffed:</b> Tied down in a relationship</p> <p><b>Rona/Vid:</b> Covid-19</p> <p><b>Lizzy/Peas:</b> Money</p> <p><b>Lit/Goat/Peng/Dank/Gucci/Wig:</b> Good</p> <p><b>Mandem/Bro-ski/Bruv/Fam:</b> Friends</p> <p><b>Cap/Capping:</b> Lie</p>	<p><b>Beta:</b> A man who is not an alpha. Considered weak</p> <p><b>AWALT:</b> Acronym for 'All Women Are Like That'</p> <p><b>Roastie:</b> A demeaning term for a women</p> <p><b>Normie:</b> Describing someone who is neurotypical</p> <p><b>Femoid/Foid:</b> Referring to women as sub-humans</p> <p><b>Chad:</b> The 'anti-incel'</p> <p><b>LDAR:</b> Acronym for 'Lay Down and Rot'</p>
VIOLENCE/WEAPONS	DRUGS
<p><b>Beef/Passa:</b> Problems/arguments</p> <p><b>Drilling/Rushed/Wayed in:</b> Attacked</p> <p><b>Chef/Splash:</b> To stab</p> <p><b>A.K/Z.K/Pokey/Rambo/Ramsay:</b> Knife</p> <p><b>Driller:</b> Shooter of gang member</p> <p><b>Duppying/Bodied:</b> Killing</p> <p><b>Ducked Down:</b> Hit and run</p> <p><b>Mop/WAP/Dotty/Clip/Trainers/Spinner:</b> Gun</p> <p><b>Got:</b> Attacked or robbed</p> <p><b>Kettled:</b> Pouring hot water on someone</p> <p><b>Corn/Bells:</b> Ammunition</p>	<p><b>Cart:</b> A vape cartridge used to smoke marijuana</p> <p><b>Score/Plug:</b> Buying drugs</p> <p><b>Mum and Dad:</b> MDMA</p> <p><b>Sheets:</b> Rizla</p> <p><b>Cally/Dank/Food/Mary Jane/Loud:</b> Marijuana</p> <p><b>Wavey:</b> High or drunk</p> <p><b>Link:</b> Drugs contact</p> <p><b>Benz:</b> £10 worth of marijuana</p> <p><b>Bando:</b> Abandoned house to do drugs in</p> <p><b>Cunch/Country:</b> County lines drug selling</p> <p><b>Niff/Yay/Snow/Charlie:</b> Cocaine</p>
POLICE/PRISON	SEXUAL MESSAGING CODES
<p><b>Sus:</b> Suspect</p> <p><b>Box/Pen/Landing/Slammer:</b> Prison</p> <p><b>5-0/Feds/Pigs/Boydem:</b> Police</p> <p><b>Matrixed:</b> Met Police gang database</p> <p><b>Bully Van:</b> Police vehicle</p> <p><b>Screw:</b> Prison guards</p>	<p><b>LMIRL:</b> Acronym for 'Lets Meet In Real Life'</p> <p><b>53x:</b> Term used in a message for sex</p> <p><b>GNOC:</b> Acronym for 'Get Naked On Camera'</p> <p><b>Netflix and Chill:</b> Sexual activity</p> <p><b>ASL:</b> Acronym for 'Age, Sex, Location'</p> <p><b>WTTP:</b> Acronym for 'Want To Trade Pictures'</p>

# EMOJI SLANG

DO YOU KNOW WHAT IT MEANS

GENERAL	VIOLENCE
<p> 'Ghosted' - to be ignored</p> <p> To be shocked</p> <p> Idiot/stupid</p> <p> 'Capping' lying</p>	<p> 'Dead Meat'</p> <p> Stab</p> <p> Punch</p> <p> Gun/Shoot</p>
SUICIDAL IDEATION	DRUGS
<p> Self harm</p> <p> Suicide</p> <p> Suicide</p> <p> Suicide</p>	<p> Marijuana</p> <p> Heroin, Cocaine, Crystal meth</p> <p> Getting high</p> <p> Buying drugs/County Lines</p>

## SEXUAL

 Male genitalia	 Sharing an explicit image
 Female genitalia	 Shy/Nervous
 Bottom	 Hour glass shape body
 Virginity	 Sexual desire
 'Spicy' risqué behaviour	 Sexual activity

# TEXT SLANG

## DO YOU KNOW WHAT IT MEANS

### GENERAL

**LOL:** Laugh out loud

**ID(e)K:** I don't (even) know

**ID(e)C:** I don't (even) care

**TBF:** To be fair

**TBH:** To be honest

**SNM:** Say no more

**SN:** Say nothing

**RLY:** Really

**OFC:** Of course

**HBD:** Happy birthday

**NW:** No worries

**WDYM:** What do you mean

**SMH:** Shaking my head

**LMK:** Let me know

**CYA:** See ya

**G2G:** Got to go

**IMO:** In my opinion

**JK:** Just Kidding

**DM:** Direct Message

**PLZ:** Please

**PLS:** Please

**BRB:** Be right back

**ONW:** On my way

**TH(N)X:** Thanks

**WYA:** Where you at

**WYS:** What you saying

**NM:** Nothing much

**NVM:** Never mind

**ACC:** Actually

**NP:** No problem

**BTW:** By the way

**ATM:** At the moment

**ILL LYK:** I'll let you know

### SWEARING

**FML:** F\*\*\* my life

**WTF:** What the f\*\*\*

**WTFO:** What the f\*\*\* over

**FFS:** For f\*\*\* sake

**STFU:** Shut the f\*\*\* up

### RELATIONSHIPS

**ML:** Much love

**ILY:** I love you

**LYSM:** Love you so much

**KPC:** Keeping parents clueless

**I82:** I hate you

### SEXUAL

**FWB:** Friends with benefits

**CU46:** See you for sex

**WTPP:** Want to trade pictures

**NIFOC:** Naked in front of camera

**NSFW:** Not safe for work

### SELF HARM

**SH:** Self harm

**NSFL:** Not safe for life

**KYS:** Kill yourself

**KMS:** Kill myself

**OD:** Overdose



## PARENTAL ON-LINE SAFETY TIPS

With the technological advances that had to be made during the lockdown periods over the last 18 months, learning from home was forced to be increased. This meant that young people were spending a lot more time on-line doing their schoolwork, gaming and socialising. However, it's important we all consider how we can help keep young people safer online. Here's some information about what your child may enjoy online and what you can do to help keep them safer!

Online gaming	Sharing images and videos	More information?
<p>Online gaming Online games are social activities, and most have features that allow young people to chat with others whilst they play. For information about the positives of gaming, the risks of 'in-game chat' and measures you can take to help protect your child, watch this short video:</p> <p><a href="#">In-game chat: a guide for parents and carers</a></p>	<p>Young people often share images or 'selfies' and there is potential for some of those to be nude or nearly nude images. Young people share 'nudes' for a number of different reasons, and some situations are riskier than others.</p> <p>For information about the contexts in which images are shared and how best to respond, take a look at <a href="#">nude selfies: a parent's guide</a>.</p>	<p>Thinkuknow is the education programme from the National Crime Agency's Child Protection Command CEOP (NCA-CEOP). Their aim is to protect children and young people from sexual abuse online.</p> <p>For more information, advice and guidance, visit their <a href="#">parents website</a> and download their <a href="#">home activity worksheets</a> for fun, online safety activities to do with your family.</p>

**Steps you can take to help keep your child safer online**

Have an ongoing conversation: Continue to talk about the apps, games and sites they like to use, and what they like and don't like and any concerns about being online. Discuss with them when to unfollow, block or report. For help starting this conversation, read [having a conversation with your child](#).

Make sure they know where to go for support: Remind your child they can always speak to you or an adult they trust if anything happens online that makes them feel worried or upset. Remind them that they won't be in trouble at that you are there to help. For a breakdown of report services, visit: [Supporting your child with reporting unwanted content online](#)

Make sure they know about NCA CEOP: Young people can report a concern about grooming or sexual abuse to NCA CEOP at <https://www.ceop.police.uk/safety-centre/> and get support from a specialist Child Protection Advisor.

## Clocks back! Dark nights ahead

We'll soon be setting the clocks back an hour and summer-time will end. The resources below will help remind children, including teenagers, about road safety and keeping safe in the dark.

Teaching Road Safety: A Guide for Parents

<https://www.rospa.com/media/documents/road-safety/teaching-road-safety-a-guide-for-parents.pdf>

Safety First – Cycling at Night <https://www.cycletraining.co.uk/cycle-training-and-cycle-safety/safety-first-cycling-at-night/>

Road safety teaching resources for children <https://www.think.gov.uk/education-resources/>

## Parenting Smart (Place2Be)

The children's mental health charity, Place2Be, has launched a new website aimed at helping parents with typical situations they can find themselves in with their children.

Advice can be found on over forty topics including:

- Understanding sibling rivalry
- My child is lying, what does it mean, what should I do?
- My child has trouble going to sleep
- My child says 'I hate you!'
- Cultural identity: who am I?

The Parenting Smart website can found here: <https://parentingsmart.place2be.org.uk/>

## On-Line Grooming



IWF safety campaign aims to help parents have conversations with their children about keeping their 'door' closed to child sexual abusers. The campaign includes a booklet for parents, explaining the risks, explaining why children are vulnerable, and suggests practical steps that parents can take.

**TALK** to your child about online sexual abuse. Start the conversation – and listen to their concerns.

**AGREE** ground rules about the way you use technology.

**LEARN** about the platforms and apps your child loves.

**KNOW** how to use tools, apps and settings that can help to keep your child safe online.

For further details go to: <https://talk.iwf.org.uk/>



## USEFUL ON-LINE SAFETY WEBSITES

*National Online Safety – safety guides on ALL aspects of internet use*

<https://nationalonlinesafety.com/>

**Internet Matters – wide range of online safety advice for parents to keep their children safe on-line.**

<https://www.internetmatters.org/>

## SAMARITANS

They are here to listen and provide support

Call 116 123 or visit their [website](#)

## childline

ONLINE, ON THE PHONE, ANYTIME

[Childline](#) provide confidential telephone counselling service for any child with a problem.



[Beat](#) provide support to help young people who may be struggling with an eating problem or an eating disorder.

## shout 85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required

Text "SHOUT" to 85258 or visit [Shout Crisis Text Line](#)

# Urgent and other support available

## kooth

[Kooth](#) is a free, safe and anonymous online mental wellbeing community

## CAMHS

Child and Adolescent Mental Health Services

Information for CAMHS and CAMHS Crisis can be found [here](#)

## REPORT HARMFUL CONTENT

[Report Harmful Content](#) is a national reporting centre that has been designed to assist everyone in reporting harmful content online.



[Ceop](#): If you are worried about online sexual abuse or the way someone has been communicating with you online.

### **Safeguarding contacts**

During term time, school working hours: If you are worried about a child's safety or suspect a child is being abused or is in danger of being abused please contact a Designated Safeguarding Lead, or any member of staff. You can email [sbucklar@tggsacademy.org](mailto:sbucklar@tggsacademy.org) or [sfox@tggsacademy.org](mailto:sfox@tggsacademy.org) or [dnixon@tggsacademy.org](mailto:dnixon@tggsacademy.org) or telephone 01803 613215.

At any time: You can also contact the Multi Agency Safeguarding Hub (MASH) details below:  
If a child is in immediate danger, call the Police immediately on 999.

#### **Torbay residents:**

- For Targeted Help, Consultation and Enquiries please contact: Telephone: 01803 208525 (9am-12pm)  
Email: [targetedhelp@torbay.gov.uk](mailto:targetedhelp@torbay.gov.uk)
- For MASH please contact: Telephone: 01803 208100 Email: [MASH@torbay.gov.uk](mailto:MASH@torbay.gov.uk)
- MASH Referral Form available at <http://www.torbaysafeguarding.org.uk/workers/hub/>
- For the Emergency Duty Team out of working hours please contact: 0300 456 4876
- For all LADO enquiries: Duty LADO 01803 208541 or email [cpunit@torbay.gov.uk](mailto:cpunit@torbay.gov.uk)

#### **Devon Residents:**

- For MASH, Early Help, Consultation and Enquiries please contact: Telephone: 0345 155 1071 Email: [mashsecure@devon.gov.uk](mailto:mashsecure@devon.gov.uk) Fax: 01392 448951
- Enquiry Form available at: <https://new.devon.gov.uk/making-a-mash-enquiry>
- Post: Multi-Agency Safeguarding Hub, P.O. Box 723, Exeter EX1 9QS
- Emergency Duty Team out of hours 0845 6000 388
- Locality Early Help Mailbox North: [earlyhelpnorthsecuremailbox@devon.gov.uk](mailto:earlyhelpnorthsecuremailbox@devon.gov.uk)
- Mid & East: [earlyhelpmideastsecuremailbox@devon.gov.uk](mailto:earlyhelpmideastsecuremailbox@devon.gov.uk)
- South & West: [earlyhelpsouthsecuremailbox@devon.gov.uk](mailto:earlyhelpsouthsecuremailbox@devon.gov.uk)
- Exeter: [earlyhelpexetersecuremailbox@devon.gov.uk](mailto:earlyhelpexetersecuremailbox@devon.gov.uk)
- For emergencies outside of office hours please call: 0345 600 0388 or 0845 600 0388
- Police non-emergency: 101